



by *Betty Crocker*

OF GENERAL MILLS

Dear Betty Crocker, Is a woman with a nice home and lovely family wrong to feel trapped by it all? There are times when I just feel like walking out—and it worries me!

Mother of Three

Dear Mother, You're not wrong. What you really need is some time off! Here are two plans:

- 1) Set aside a day *each week* for outside activities that suit you. Plan ahead for a quick 'n easy supper upon your return. Our newest cookbook, **BETTY CROCKER'S FAMILY DINNERS IN A HURRY**, provides a streamlined time schedule with every menu—just the kind of planning you need for "Mother's Day Out!" Coming soon—to your bookstore.
- 2) Get away from it all *with* your family. Plan a camping vacation! Our new **COOKBOOK FOR FAMILY CAMPING** may even inspire your husband and children to pitch in and help with those outdoor meals. It's soft-cover and glove-compartment size. Regularly \$1.00, it's yours for only 60¢. Write Betty Crocker of General Mills, Box 126, Minneapolis, Minn. 55460.*

Dear Betty Crocker, Spring fever and Spring projects make me lazy in the kitchen. I need some easy ideas to perk up my cooking!

No Imagination

Dear No, Here are a few "quickies" to bring your "fever" down fast:—Top cooked fresh asparagus with creamy Betty Crocker Hollandaise or Cheese Serving Sauce. Then garnish with hard-cooked egg. — Spoon this smooth sour cream dressing over plump strawberries: Blend ½ cup *each* Betty Crocker Vanilla Ready-to-Serve Pudding and dairy sour cream. Stir in 2 tablespoons water and 2 teaspoons lemon juice; chill. To serve, sprinkle with brown sugar. — Spotlight your Spring fried chicken with drop biscuits made from easy New Bisquick. Snip 2 tablespoons fresh green onion tops into the dough for a delightful surprise!

Dear Betty Crocker, I do volunteer work for a large metropolitan hospital every other Thursday, and find myself running out of ideas to help the sitter keep my little ones occupied at home while I'm away. (I like to make my day out a special one for them, too.) Any suggestions?

Hospital Pink Lady

Dear Pink Lady, We're always glad to help such a civic-minded homemaker. So we're happy to suggest our versatile Play-Doh Play Set from our Rainbow Crafts division. It comes complete with safe, colorful modeling compound, rolling pin, cookie cutters and animal mold. Your little artists will be proud to show off their creations upon your return—and you'll *all* look forward to your next hospital day. You'll find Play-Doh in toy departments for under \$1.50.

Do you have a question? For a personal reply write Betty Crocker of GENERAL MILLS, BETTY CROCKER KITCHENS, 9200 Wayzata Blvd., Minneapolis, Minnesota 55440.

*offer expires August 30, 1970

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