

EGGS GOLDENROD

Blend 1 can Campbell's Cream of Mushroom Soup with $\frac{1}{4}$ cup milk. Slice in 4 hard-cooked eggs (saving a little yolk to force through a sieve for garnish). Heat and pour over hot buttered toast. Garnish with sieved egg yolk. 4 servings.

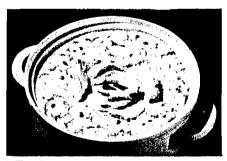
4 LENTEN MEALS by *Campbells*

Quick—nutritious—and simply delicious!



By ANNE MARSHALL Director, Home Economics, Compbell Soup Company

You know it's a special problem keeping meals led and interesting during Lent. But with Campel's Soups at hand, you can make a different meat-dish any day of the week—easily, economically! Tra, cheese, fish—all of these take on delicious new when you cook with Campbell's Soup. Just look to 4 quick recipes! You can make them all with fell's Cream of Mushroom Soup (for now it's tely meatless), or substitute Tomato or Cream fry, You're bound to think of many other varifor casseroles, chowders, pour-on sauces to your family's appetite during Lent.



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PERFECT TUNA CASSEROLE

In a casserole, combine 1 can Campbell's Cream of Celery (or Cream of Mushroom) Soup, ½ cup milk, 1 cup drained flaked tuna (7-oz. can), 1 cup cooked green peas, 1 cup crushed potato chips. Garnish with chips. Bake in oven (375°), 25 minutes. 4 servings.





Combine 1 can Campbell's Tomato (or Cream of Mushroom) Soup with ½ cup milk and 1 cup shredded sharp process cheese, Heat, stirring constantly, until cheese is melted. Pour

stirring constantly, until cheese is r over crisp crackers, 4 servings.





SHRIMP CHOWDER

Brown lightly 2 tablespoons minced onion in 1 tablespoon butter. Blend in 1 can Campbell's Cream of Mushroom Soup, 1 soup can milk, 1 cup drained cooked shrimp (5-oz. can), minced parsley, and a dash of black pepper—then heat. 4 servings.